

Better building ideas from PFB

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Product Information Bulletin

DuroFoam[®] Insulation Insulating Sheathing per 2019 ABC

DuroFoam[®] insulation board is a moulded expanded polystyrene (EPS) insulation that meets or exceeds CAN/ULC-S701.1, **Standard for Thermal Insulation, Polystyrene, Boards**. The addition of a laminated film to the top and bottom surfaces of **DuroFoam** insulation board provides a more durable product that is less susceptible to handling damage.

Material Properties ¹	Units	Values	
Thermal Resistance	m ² •°C/W	0.65	
Minimum per 25 mm (1 inch) ASTM C518	(ft ² •h•°F/BTU)	(3.75)	
Compressive Resistance	kPa	70	
Minimum @ 10% Strain ASTM D1621	(psi)	(10)	
Flexural Strength	kPa	170	
Minimum ASTM C203	(psi)	(25)	
Water Vapour Permeance ²	ng/(Pa•s•m²)	30	
Maximum ASTM E96	(Perms)	(0.5)	
Water Absorption ³			
Maximum ASTM D2842	% By volume	6.0	
Dimensional Stability			
Maximum ASTM D2126	% Linear Change	1.5	
Limiting Oxygen Index	~	• ·	
Minimum ASTM D2863	%	24	
Flame Spread Rating CAN/ULC S102.2	NA	290	
Smoke Developed Classification CAN/ULC S102.2	NA	Over 500	

Table 1 – DuroFoam Insulation Material Properties

The reflective facer on **DuroFoam** insulation contains a thin layer of foil embedded within the film. The reflective facer does not increase **DuroFoam** insulation thermal resistance (RSI/R-value) – for additional information see Plasti-Fab PIB 253, **Facts About Thermal Resistance of Reflective Insulation**. The printed green face of **DuroFoam** insulation should be left exposed outwards to make use of markings provided for easy cutting of insulation and spacing of fasteners into interior framing as required.

² WVP values quoted are maximum values for 25-mm (1-inch) thick **DuroFoam** insulation with laminated film facers on both sides.

^{3.} The water absorption laboratory test method involves complete submersion under a head of water for 96 hours. The water absorption values above are applicable to specific end-use design requirements only to the extent that the end-use conditions are similar to test method requirements.

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^{1.} **DuroFoam** insulation material properties are third party certified to CAN/ULC-S701.1 under an Intertek third party certification program (see Intertek Code Compliance Research Report CCRR-1072 for additional information).



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This bulletin addresses use of *DuroFoam* insulation board as exterior insulating sheathing board applied to above grade walls in compliance with the National Building Code - 2019 Alberta Edition (2019 ABC).

1. Air Barrier System Requirements

Article 9.25.3.1. requires wall assemblies separating conditioned space from unconditioned space to be constructed so as to include an air barrier system that will provide a continuous barrier to air leakage. *DuroFoam* insulation may be used as one component in an air barrier system; however, to meet air barrier system requirements in Articles 9.25.3.2. and 9.25.3.3., requirements for sealing of all air barrier penetrations, such as those created by the installation of doors, windows, electrical wiring, electrical boxes, piping or ductwork, must be addressed.

2. Vapour Barrier System Requirements

Section 9.25.4. requires a vapour barrier to be installed on the warm side of wall assemblies to provide a barrier to diffusion of water vapour from the interior into wall spaces. Although *DuroFoam* insulation has a vapour permeance less than 30 ng/(Pa•s•m²), it is attached to the exterior (cold side) of above grade walls. See requirements below related to **Properties and Position of** *DuroFoam* **Insulating Sheathing** in the building envelope applicable to low air and vapour permeance thermal insulation.

3. Properties and Position of DuroFoam Insulating Sheathing

DuroFoam insulating sheathing has an air leakage characteristic less than 0.1 $L/(s \cdot m^2)$ at 75 Pa and a water vapour permeance less than 30 ng/(Pa \cdot s \cdot m^2). Article 9.25.5.1. requires that the location of low permeance thermal insulation as per Article 9.25.5.2. must be considered in order to address the possibility of moisture accumulation within the interior wall cavity.

Sentence 9.25.5.2.(1) requires that the ratio between the total thermal resistance of all materials outboard of the interior surface of *DuroFoam* insulating sheathing and the total thermal resistance of all materials inboard of that surface must be not less than that required by Table 9.25.5.2., *Ratio of Outboard to Inboard Thermal Resistance*. Wall assemblies with a ratio of outboard to inboard thermal resistance greater than Table 9.25.5.2 ensure that the inner surface of *DuroFoam* insulating sheathing is likely to be warm enough for most of the heating season such that no significant accumulation of moisture will occur when the vapour barrier function is provided by a separate building element installed on the warm side of the assembly. For additional information on assumptions used in developing Table 9.25.5.2., refer to 2019 ABC, Appendix note A-9.25.5.2.

Heating Degree-Days	Ratio	Heating Degree-Days	Ratio
up to 4999	0.20	9000 to 9999	0.55
5000 to 5999	0.30	10000 to 10999	0.60
6000 to 6999	0.35	11000 to 11999	0.65
7000 to 7999	0.40	12000 or higher	0.75
8000 to 8999	0.50		

Table 2 - Ratio of Outboard to Inboard Thermal Resistance per ABC 2019 Table 9.25.5.2.

4. Insulating Sheathing in lieu of Sheathing Membrane

Subclause 9.27.3.4.(2)(b)(i) states that a separate sheathing membrane is not required over insulating sheathing where the joints between boards are sealed. Therefore, when the joints between **DuroFoam** insulation boards are sealed, a separate sheathing membrane is not required. Refer to Product Information Bulletin No. 205 for additional information on installation requirements.

5. Effective Thermal Resistance (RSI_{eff}/R_{eff}) of Wall Assemblies with DuroFoam Insulation

Section 9.36 provides energy efficiency requirements for buildings 3 storeys or less in building height, having a building area not exceeding 600 m² and used for major occupancies classified as residential occupancies.



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Table 3 provides minimum RSI_{eff}/R_{eff} requirements per Tables 9.36.2.6.-A and 9.36.2.6.-B for above grade walls in Part 9 buildings with or without a heat-recovery ventilator (HRV) installed.

Table 3 - Minimum RSI _{eff} /R _{eff} of Above-ground Opaque Wall Assemblies						
2019 ABC Climate Zones	Zone 6	Zone 7A	Zone 7B	Zone 8		
Heating Degree-Days (HDD) Celsius Degree-Days	4,000 to 4,999	5,000 to 5,999	6,000 to 6,999	≥ 7,000		
Table 9.36.2.6.A Buildings Where a Heat Recovery Ventilator (HRV) is not Installed						
RSI _{eff} − m ² •°C/W	3.08	3.08	3.85	3.85		
R _{eff} – ft²•hr•°F/BTU	17.5	17.5	21.9	21.9		
Table 9.36.2.6.B Buildings Where a Heat Recovery Ventilator (HRV) is Installed						
RSI _{eff} − m ² • ^o C/W	2.97	2.97	3.08	3.08		
R _{eff} – ft²•hr•°F/BTU	16.9	16.9	17.5	17.5		

Table 3 - Minimum RSI_{eff}/R_{eff} of Above-ground Opaque Wall Assemblies

 RSI_{eff} (R_{eff}) of building assemblies is calculated using the following formula which includes the thermal bridging effect due to repetitive structural members such as wood framing members in walls. *DuroFoam* insulation applied as continuous insulation over the exterior of the building envelope increases the RSI_{eff}/R_{eff} of a wall assembly by eliminating thermal shorts due to wood studs.

$$RSI_{eff}(R_{eff}) = \frac{100\%}{\% \text{ with Framing}} + \frac{\% \text{ Area Cavity}}{RSI_{F}(R_{F})} + \frac{\% \text{ RSI}(R) \text{ Continuous Material Layers}}{RSI_{C}(R_{C})}$$

Table 4 provides annual heating degree days for some building locations. 2019 ABC, Division B, Appendix C, *Climatic and Seismic Information for Building Design in Canada*, provides HDD information for other building locations in Alberta.

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Climate Zone	Locations	HDD
	Lethbridge	4500
0	Medicine Hat	4540
6	Brooks	4880
	High River	4900
	Okotoks	4920
	Calgary	5000
	Edmonton	5120
7A	Banff	5500
	Grande Prairie	5790
	Slave Lake	5850
	Athabasca	6000
	Peace River	6050
7B	Lac la Biche	6100
	Fort McMurray	6250
	Lake Louise	6500
	Fort Chipewayan	7170
8	Rainbow Lake	7200
	Embarras Portage	7100

Table 4 - Annual HDD (Celsius Degree Days) for Building Locations



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Table 5 provides an example of RSI_{eff}/R_{eff} calculations for a 2 x 4 wood stud wall assembly to meet requirements per Table 4 for a building located in Climate Zones 6 to 7A using *DuroFoam* continuous insulation. Table 6 provides the ratio of outboard to inboard thermal resistance for this wall assembly demonstrating compliance with minimum requirements in Table 2.

Table 5 - RSI_{eff}/R_{eff} Calculation for a Building Located in Climate Zone 4 to 7A

Wall Assembly Construction	Framed Portion		Continuous
(Building with or without HRV)	RSI _F	RSI _c	Layers
Outside Air Film			0.03
Vinyl Cladding			0.11
2" (50.8 mm) DuroFoam Continuous Insulation			1.32
Stud Cavity Insulation		2.29	
2 x 4 Wood Stud @ 16" (406 mm) o/c	0.76		
6 mil polyethylene vapour barrier			
1/2" (12.7 mm) Gypsum Wall Board			0.08
Inside Air Film			0.12
RSI Sub-Totals	0.76	2.29	1.66
% Area of Each Component	23%	77%	100%
RSI _{eff} (R _{eff})		RSI-3.22 (R-18	3.3)

Table 6 - Ratio of Outboard to Inboard Thermal Resistance Calculation

Outboard Components	RSI	Inboard Components	RSI
Outside air film	0.03	Stud cavity insulation	2.29
Vinyl cladding	0.11	Gypsum board	0.08
2" (50.8 mm) DuroFoam Insulation	1.32	Inside air film	0.12
Total Outboard RSI	1.46	Total Inboard RSI	2.49
Ratio of Outboard to Inboard Thermal Resistance		1.46/2.49	0.59

Table 7 provides an example of RSI_{eff}/R_{eff} calculations for a 2 x 6 wood stud wall assembly using *DuroFoam* continuous insulation to meet requirements per Table 4 for a building location in Climate Zones 4 to 8 with HDD less than 8,000 (with or without HRV).

Table 7 - RSI_{eff}/R_{eff} Calculation for Building in Climate Zones 4 to 8

Wall Assembly Construction	Framed Portion		Continuous
(Building with or without HRV)	RSI _F	RSI _c	Layers
Outside Air Film			0.03
Vinyl Cladding			0.11
2" (50.8 mm) DuroFoam Insulation			1.32
Stud Cavity Insulation		3.34	
2 x 6 Wood Stud @ 16" (406 mm) o.c.	1.17		
6 mil polyethylene vapour barrier			
1/2" (12.7 mm) Gypsum Wall Board			0.08
Inside Air Film			0.12
RSI Sub-Totals	1.17	3.34	1.66
% Area of Each Component	23%	77%	100%
RSI _{eff} (R _{eff})		RSI-4.00 (R-22	.7)



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Table 8 provides the ratio of outboard to inboard thermal resistance for this wall assembly demonstrating compliance with requirements in Table 2.

Table 8 - Ratio of Outboard to Inboard Thermal Resistance Calculation

Ratio of Outboard to Inboard Thermal Resistance Calculation						
Inboard Components	RSI Outboard Components					
Outside air film	0.03	Stud cavity insulation	3.34			
Vinyl cladding	0.11	Gypsum board	0.08			
2" (50.8 mm) DuroFoam Insulation	1.32	Inside air film	0.12			
Total Outboard RSI	1.46	Total Inboard RSI	3.54			
Ratio of Outboard to Inboard RSI		1.46/3.54	0.41			